

# 2023 Livingston Recreation Department Co-ed Rec Volleyball League Rules



1. **Players:** Anyone participating in the league must be a rostered player. Additions can be made any time during the season, by having the player sign the team roster, individual liability waiver and pay the player fee.
  - a. All players must be over the age of 18 years OR have petitioned the Recreation Department for a high school aged player to participate.
2. **Score Reporting:** It is the responsibility of the winning captain to report the score to the League Coordinator.
3. **Gym Set-up and Break-down:** The last teams are responsible for taking down the nets. Please help each other with the nets and returning the equipment. Please respect the facility and leave it in better condition than you found it.
4. **ABSOLUTELY NO GLASS IS PERMITTED IN THE GYM.**
5. **Forfeits:** If your team cannot play on a particular evening, it is your responsibility to call the League Coordinator at 406-223-2233. There are no make-up dates available. A forfeit will be issued to team cancelling.
  - a. A forfeit will also be issued if a team fields less than **4 players** at the scheduled game time. Teams may seek substitutes for play. The substitutes must have a waiver signed on file with the Recreation Department.
6. **Scoring:** Each match will consist of three games to 25 points using rally scoring. If the ball hits the net on a serve and still goes over, it counts, or is playable.
  - a. Ending games on time: when your 1-hour time limit is up, the team that is ahead at that point wins the game.
7. **Rotation:** Teams may rotate in players as long as their method is consistent. (i.e. players always rotate into the serving position.) All players must be in their relative rotational position at the instant the ball is served.
  - a. **Players must serve in turn.** (It is recommended that if you have more than 6 players that the person in the front line to the right rotates out of the game for one play and then rotates into the serving position when the ball is next awarded to your team. Position on the floor must be an alternation of men and women until the serve is hit.
8. **Service:** To legally serve the ball, a player's last contact with the ground before contacting the ball must be behind the back service line, anywhere along its length. The ball is considered in play if the ball contacts the net before going over. Each player shall announce the score before serving.
  - a. **After the Ball is Served:** Opponents of the serving team may receive the serve with open hands raised above the head (e.g. players can set a serve). However, serves are not considered hard-driven balls, so they must be set cleanly. The

City of Livingston Recreation Department

Email: [rec@livingstonmontana.org](mailto:rec@livingstonmontana.org) \* Phone: 223-2233

229 River Drive \* Office Hours: 9AM - 5PM; Monday – Friday

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team that did not initiate service in a game must rotate one position clockwise prior to its first service.

**Area of Contact:** Players may contact the ball with any part of the body above the waistline.

- a. **Blocking:** Blocking is the action of players close to the net to intercept the ball from coming from the opponent by reaching higher than the top of the net, regardless of the height of the ball contact. Only front-row players are permitted to complete a block, but at the moment of contact with the ball, a part of the body must be higher than the top of the net.
- b. **Contacting the net:** Players may touch the post, ropes or any other object outside the antenna, including the net itself, provided that it does not interfere with play.
  - i. The ball may be played off the net (other than when served) as long as the ball does not contact the net outside the sideline markers.
  - ii. When the ball is driven into the net so that it causes the net or its supports to contact an opposing player, this is not an infraction as long as they did not contact the net by their own momentum.

## 9. PLAYING THE BALL:

**Simultaneous Contacts:** Simultaneous contacts are legal when the ball is played:

- a. by two teammates are considered as one play. Either player may participate in the next play.
- b. by opponents at the net considered a "joust", and the officials consider the player behind the direction of the ball as having touched it last. If, after the simultaneous touch by two opponents, the ball falls and touches within the limits of the court, the team on the court is at fault; should the ball fall outside the court, the team on the opposite side shall be deemed as having provided the momentum necessary to cause the ball to be out of bounds and shall be at fault. NOTE: If the player "wipes off" or "tools" the block of the opponent, the opponent is considered to have touched the ball last.

**Successive Contacts:** players, blockers, and/or opponents will only allow successive contacts in situations of simultaneous contacts. A player may make successive contacts by two or more parts of the player's body provided such contacts constitute a single attempt to play a hard driven ball on the first team play after the ball crosses the net.

10. **Obstacles:** A ball striking the ceiling shall remain in play provided the ball contacts the ceiling on the side of the net occupied by the team which played the ball last and the same team plays the ball next. If the ball hits any other overhead obstruction (i.e. basketball hoop) it will be an automatic do-over. If the ball hits an obstacle outside of the area of play (the court), i.e. the ceiling, back wall, bleacher the ball is considered OUT.

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11. Games will be played by the honor system, there are no officials. The Recreation Department will provide Game Monitors as available. Each team will be responsible for calling its own errors.
12. Teams shall change playing areas at the end of each game of the same match.

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