

LIVINGSTON RECREATION DEPARTMENT'S ANNUAL SPONSORS

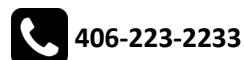
We have started our first ever Livingston Recreation Annual Sponsor program. We are so excited to partner with our local businesses to continue bringing low-cost youth and adult recreation activities to Livingston.

We are grateful for the support from Taco Bell, American Bank, Kenyon Noble, Rick's Refrigeration, Eye Care Professionals and Livingston Health Care.

If you are interested in becoming a Recreation Annual Sponsor, please contact the Livingston Recreation Department for more information!



Get in touch with the Livingston Recreation Department!



2020/2021 WINTER

NEWSLETTER

Livingston Recreation Department

Greetings and Happy New Year from the Livingston Recreation Department!

I would like to begin by sending a HUGE THANK YOU to our Recreation Coordinators with the City of Livingston Recreation Department. Without them we would not have been able to successfully offer the facility rental space and variety of activities to the public this fall. Rikki Earle has worked for the Recreation Department for close to 3 years – and is a familiar face to you at the City Pool as the Pool Manager. Andy Ballinger joined our team this fall – probably during the toughest year and has taken to the job in stride. Andy is focusing on our Sports/Outdoor Recreation offerings while Rikki focuses on Early Childhood, Youth & Teen Programming, and Special Events AND oversees our younger staff members.

WHEW. That is how we feel after we complete a program or special event. We are grateful we completed our activities in a healthy manner and hopeful that we brought joy and happiness to your lives.

This Fall we had nearly 80 participants in our inaugural NFL Flag Football program for youth grades 3rd-6th grades. This was funded entirely by the Atlanta Falcons Youth Foundation grant. We are thankful for our partnership with the Park High School Ranger Football program and want to give a shout out to Kevin Harrington, with Livingston Fire & Rescue and the Ranger football players for refereeing the games.

We introduced the First Tee Community Youth Golf Program to over 25 participants ranging from Kindergarten to 6th grade. This program was held indoors with gym safe materials provided by AMB West Foundation and Arthur Blank. We will continue to offer this program throughout the year in case you missed your opportunity – it was great fun and highly educational!

Our Adult Volleyball League had 6 teams – even during the pandemic. Teams were understanding of the modifications we made due to COVID and we even saw a champion among the rest, CONGRATULATIONS to the Deen team for their end of season victory!

The success and joy of our Adult Volleyball League paired with a new full-time staff member led to the introduction of our first-ever Youth Volleyball Skills Camp. This activity served 14 excited youth, ages 9-12 years and was coached by none other than PHS Head Volleyball Coach Brenda Speake and other wonderful volunteers. I don't think this will be the last of our skill development camps – stay tuned for more!

In addition to the sports world we have been busy training youth ages 11-14 as certified Safe Sitters. These students participate in 8 hours of curriculum and receive their Safe Sitter Completion Certificate, as well as plenty of information to become great babysitters. They are ready and excited to help you and your family!

Holiday Events were most difficult to accommodate the past 6 months – with that said, I am proud of what we have accomplished. Virtual is the name of the game and we had fun distributing everything from filled Easter Eggs for your very own Egg Hunt last spring to “Boo-ing” your Neighbor/Friend during October. We had a spooky array of participation in our Halloween Home Decorating Contest and we are at it again with our “Light Up Livingston” Holiday Lights Map. Additionally, thanks to our generous annual sponsors, we will be surprising 100 families with *Breakfast with Santa* to-go kits. Don't forget to head downtown and enjoy our first Story Walk in partnership with the Livingston-Park County Public Library and underwritten by Livingston Business Improvement District. The Polar Express is on display in 16 downtown business windows and the activity includes a Free Hot Cocoa (Coffee Crossing) or a Free Scoop of Ice Cream (Pickle Barrel) – download your coupon and map from our website to get out there and enjoy the season!

Take Care and Happy Holidays, Maggie Tarr - Recreation Manager



Is your house decorated for Christmas?

Sign up with the Livingston Recreation Department to be included on our Light Up Livingston Map. The map is available to view on the City of Livingston website: livingstonmontana.org.

Map will be populated as addresses are submitted - tell your friends & neighbors & local businesses - all are welcome to participate!

Livingston StoryWalk®

We are thrilled to partner with the Livingston-Park County Public Library and the Livingston Business Improvement District to bring the concept of StoryWalks® to Livingston. Take a stroll in Downtown Livingston and read The Polar Express. The story begins at ERA Landmark Real Estate and ends at the Murray Hotel, with the first gift of Christmas. A full map of participating businesses can be found on the City of Livingston Website. All participating children can get a free hot chocolate from Coffee Crossing or a free scoop of ice cream at Pickle Barrel with their coupon.



Reindeer Games
 Holiday Movement + Yoga

Included is a list of holiday themed movement activities. This activity also provides a child the opportunity to be creative as they reenact the movement in their own image.

- Tip toe like Santa crossing a room.
- Swing from side to side and jump like a bell ringing and clanging.
- Swing your arms like you are chopping down a tree.
- March like a toy soldier.
- Leap like a reindeer.
- Hop like you have your feet in a stocking.
- Flap your arms like you are making a snow angel.
- Run in a circle like a gingerbread man.
- Stand on your tip toes like you are putting a star on your tree.
- Pretend to shovel snow or catch snowflakes on your tongue.
- Slide your feet across the floor like you are ice skating.
- Pretend to be ringing bells while you walk.
- Walk like you are dragging a Christmas tree.

early childhood COALITION

LIVINGSTON CIVIC CENTER

OPEN GYM & GROWN-UP & ME TIME

MONDAY - FRIDAY
10AM - NOON

\$2.00 PER PERSON

LIVINGSTON CIVIC CENTER
 LIVINGSTON PARKS & RECREATION
 229 RIVER DRIVE
 406-223-2233

OPEN WALKING
 MONDAY-FRIDAY 7:00-9:30 AM

PREVENTS DEMENTIA
 GIVES YOU ENERGY
 LOWERS DISEASE RISK
 STRENGTHENS YOUR HEART

TAI CHI
 MONDAY WEDNESDAY FRIDAY
 8:00-9:30 AM

ASSOCIATED WITH MINDFULNESS AND PSYCHOLOGICAL WELL-BEING
 LOW IMPACT
 HELPS PREVENT TRIPPING AND FALLING IN OLDER ADULTS

Body
 Mind Spirit

PICKLEBALL
 MONDAY WEDNESDAY FRIDAY
 2:00-4:00 PM \$2

REDUCES STRESS
 HELPS WITH BALANCE AND AGILITY
 REDUCES RISK OF HEART ATTACK AND CHRONIC DISEASE

ADULT BASKETBALL LEAGUE

TUESDAY & THURSDAY NIGHTS
 STARTING JAN 19TH

\$400/TEAM
 *10 PLAYER MAXIMUM ON ROSTER
 DONT HAVE A TEAM? SIGN UP AS A FREE AGENT!

LIVINGSTON CIVIC CENTER

REGISTRATION DEADLINE Jan 8th, 2021 To sign up or get more info visit: <https://secure.rec1.com/catalog> or call 223-2233

ROSTERS DUE Jan 8th, 2021

MUST BE 16+

SAFESITTER

Designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting. The instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue and CPR.

SAFE SITTER® CLASS INFORMATION

Monday - Thursday
 February 8 - 11
 4:00 pm - 5:30 pm

Livingston Civic Center

REGISTRATION INFORMATION

Registration Fee: \$25
 Feel Free to bring a snack!

Register Online or by Phone 406-223-2233

Birthday Parties and Rentals

We have a variety of rental options and birthday party packages!

If you're considering hosting a party at the Civic Center, please be away of the following COVID Modification

- Masks are to be worn by anyone over the age of 5 when NOT participating in physical activity.
- No more than 24 people allowed in the Civic Center
- Anyone entering the Civic Center MUST sign -in

BIRTHDAY PARTY PACKAGES

<p>BASIC PARTY PACKAGE</p> <p>Up to 16 kids 2 hour party rental</p> <p>PARTY INCLUDES: Paper goods, utensils, table covers and decoration. 2 Pizzas (8 slices each) Lemonade Setup/breakdown tables & chairs</p> <p>\$160</p> <p><small>B.Y.O.P. Bring Your Own Party 3 hours of access: 2 hour for party + 30 minutes for setup and breakdown time. Includes: Access to Tables/Chairs</small></p> <p>\$85</p>	<p>DELUXE PARTY PACKAGE</p> <p>Up to 24 kids 2 hour party rental</p> <p>PARTY INCLUDES: Paper goods, utensils, table covers and decoration. 3 Pizzas (8 slices each) Lemonade Setup/breakdown tables & chairs</p> <p>\$180</p> <p><small>Add-on's: Albertson's Sheet Cake: \$20 - \$30 Dairy Queen Ice Cream Cake: \$25 - \$30 Cotton Candy - \$2.00 per serving Popcorn Machine - \$20 Any many more!</small></p>	<p>ROLLER-RAMA PARTY PACKAGE</p> <p>Up to 24 kids 2 hour party rental</p> <p>PARTY INCLUDES: Paper goods, utensils, table covers and decoration. 3 Pizzas (8 slices each) Lemonade Setup/breakdown tables & chairs Use of 24 sets of roller skates, each add'l skater \$5</p> <p>\$200</p> <p><small>B.Y.O.P. Bring Your Own-SKATE Party 3 hours of access: 2 hour for party + 30 minutes for setup and breakdown time. Includes: Access to Tables/Chairs and Roller Skating for 24</small></p> <p>\$150</p>
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Call or Email for more information and to book!
 406-223-2233 or rec@livingstonmontana.org

Youth Basketball Registration is now open!!!

Like most of our 2020 programming, our 2021 Basketball Season will be unlike any other season.

This season we are focusing on skill building in clinic style practices. We are offering multiple sessions with varying times available for each age group—registration is similar to our Summer Swim Lessons. Your child's teammates will include the other children registered for the same session.

***There will be no games this season.**

