



Proclamation of the Livingston City Commission

RECOGNIZING NATIONAL SUICIDE PREVENTION WEEK AS SEPTEMBER 4-10, 2022, AND THE MONTH OF SEPTEMBER AS SUICIDE PREVENTION MONTH.

WHEREAS, suicide is a national and state public health challenge that causes immeasurable pain among individuals, families, and communities across our great nation; and over 90% of the people who complete suicide have a diagnosable and treatable mental health condition, although often that condition is not recognized or treated; and

WHEREAS; Suicidal thoughts can affect anyone regardless of age, gender, race, orientation, income level, religion, or background; is the 10th leading cause of death among adults, and the 2nd leading cause of death among individuals between the ages of 10 and 34 in the US; and

WHEREAS; each and every completed suicide directly impact a minimum of 100 individuals, including family, friends, co-workers, neighbors, and community members averaging about 48,000 in the United States each year; and

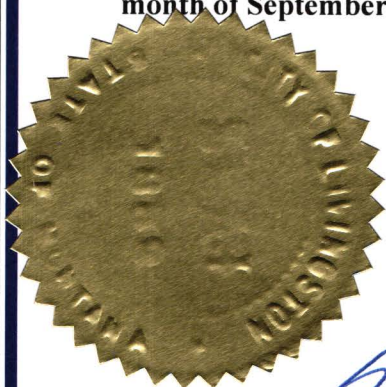
WHEREAS; the City of Livingston is like other communities across the country and publicly places its full support behind those who work in the fields of mental health, education, and law enforcement; and

WHEREAS; our local Mental Health Service providers, serve on the front lines of a war that many still refuse to discuss, as stigma regarding suicide and mental health issues remain prevalent and prevent people from seeking the help they need; and

WHEREAS, we encourage all residents to take the time to understand the importance of mental health education, to destigmatize suicide by encouraging equity between physical and mental illness, by talking openly and being conscious of language, and to let the media know when they stigmatize with language, by educating ourselves and others, and by showing compassion and recognizing that taking care of ourselves and others includes prioritizing physical and mental health care.

NOW, THEREFORE, be it proclaimed by the City Commission of the City of Livingston that the week of **September 4-10, 2022 is National Suicide Prevention Week and the entire month of September as Suicide Prevention Month**, in the City of Livingston, Montana.

Signed this 7th day of September, 2022




Karrie Kahle, Vice-Chair
Livingston City Commission


Faith Kinnick,
Recording Secretary